



# Friday Feature...



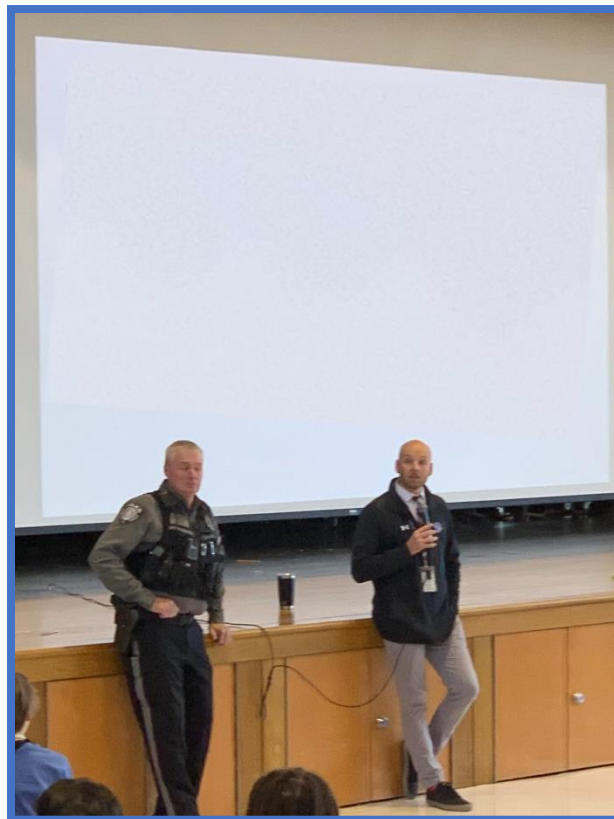
11-3-2023

## Red Ribbon Week

The Readington Township School District celebrated National Red Ribbon Week during October 23-31, 2023. The theme this year was “Be Kind to Your Mind. Live Drug Free”. The theme was a reminder that everyone can make daily contributions to their communities by being the best they can be because they live Drug-Free! Our schools celebrated this theme in the following variety of ways:

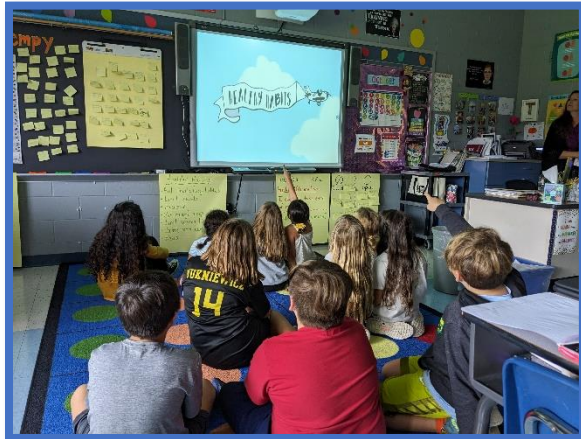
### Readington Middle School

At RMS, the Red Ribbon Week theme was Be Kind to Your Mind. Live Drug Free. The theme was a call to action to speak out in support of healthy choices. It also served as a reminder that we are all empowered with shaping the communities around us through positivity, bravery and strength. In Health classes, students have been learning about this theme and what it means to be drug free. All students signed the Red Ribbon Campaign posters to pledge to live a drug free lifestyle. In 6th grade, Prevention Resources came to speak to the students about the dangers of vaping. Finally, Officer Gilmurray of the Readington Township Police Department spoke to the students about School Violence Prevention and Red Ribbon Week.



### **Holland Brook School**

During Red Ribbon Week at HBS, students watched a video on Healthy Habits and created their own class lists of healthy activities to do and/or try. Students also completed a worksheet where they identified healthy and unhealthy habits for their brain, body, and organs.



### **Three Bridges School**

All the students and staff of Three Bridges School wore red in celebration of Red Ribbon Week. Officer Evans talked to the students during their lunch period about being kind to each other, safety at school and at home, staying away from strangers, and the importance of practicing all the drills at school with their teachers as if they were real.







### **Whitehouse School**

Whitehouse School celebrated Red Ribbon Week with a school wide bulletin board – each child made a petal to be used to create a flower. Each petal was decorated with ways to make good choices by showing kindness, acceptance, inclusion, and responsible decision-making as law-abiding citizens.



Another activity in celebration was “Link Up to Make Good Choices” – all students received strips of red paper to color and draw about different ways to be kind to our bodies and minds. The strips were used as links to create a school-wide chain.



In conclusion of the week’s activities, the students and staff wore red ribbons that were provided by the district in celebration of “Not Just for a Week, but for Life”.



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